

माधुर्यमक्षरव्यक्तिः पदच्छेदस्तु सुस्वरः ।

धैर्यं लयसमर्थं च षडेते पाठका गुणाः ॥

## Ensemble from the Principal's Desk



Namaste!

Season's Greetings!

"The 21st century is the century of knowledge. Knowledge, Science and Education will have the power and strength to enhance the entire world."

-Hon. Prime Minister, Sri Narendra Modi

The 21st century is the first century of the third millennium. The people of today's society are changing every day, and therefore, so is the world. Hence students need to be equipped to face challenges of life. To stay in tandem, all educational institutions are imparting best of education, for the holistic learning of students. The exposure to social life is ample and demanding. The lightning age with which it is moving, demands high quality competencies to cope with the flow. This internet age has to have high quality skills such as **Creativity, Communication, Critical thinking**, etc. to encounter problems. We, as one of the prestigious schools in Bengaluru, offer the best of education and facilities to groom our children to scale new heights. We are hereby releasing the Newsletter, The Sindhian –The first issue, of the academic year, which will portray the kind of education imparted, co-scholastic and extra-curricular activities encouraged in the school.

Dear readers, kindly go through the same, as every word and line speaks about our Sindhians' growth in a nutshell. #Sindhiansrock

Smt. Devika Kiran  
Principal  
SHS, K K Road

## Editorial Committee:

Ms.Devika Kiran, Principal

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Mr.Shashikanth Pattar

Ms.Alpana Kala, Vice-Principal

Ms.Santosh Sharma

Ms.Rekha Sreenath

Ms.Pratima Pai, Vice-Principal

Ms. Nirmala Bai

Ms.Ashwini R.A

Ms. Sharmila Suresh

Ms.Geeta Hegde

Ms.Jyothi Praveen

Ms.Lalithamba A

Ms.Rajini Sridhar

Ms.Shakuntala Purohit

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**Sindhi Seva Samiti**  
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**K. K. Road School**



**Mrs. Alpana Kala**  
**Vice Principal**  
**K. K. Road School**



**Mrs. Pratima K Pai**  
**Vice Principal**  
**K. K. Road School**



# DEDICATED STAFF 2023-24



Sitting L to R: Mr. Srinivas R, Ms. Alamelu K.P, Ms. Devna Dangwal, Ms. Lalithamba A, Ms. Sharmila Suresh, Ms. Alpna Kala (Vice Principal), Ms. Devika Kiran (Principal), Ms. Pratima Pai (Vice Principal), Ms. Lata Latwal, Ms. Malini B.V, Ms. Kashish S Valecha, Ms. Vimala Mary J, Ms. Sugandha Lakshmi, Mr. Visweswara V.S.

1<sup>st</sup> row : Mr. Jagdish K, Mr. Harsha K.Y, Ms. Prakash Kaur, Ms. Balquice Jahan, Ms. Ranuka Gupta, Ms. Sangeeta Maheshwari, Ms. Geeta Hegde, Ms. Savithri Ramakrishnan, Ms. Suma C.S, Ms. Tanuja Raj, Ms. Jacintha N Sharma, Ms. Roda Jyothi, Ms. Mangala S Badnatti, Ms. Asha F, Ms. Nirmala Bai G, Ms. Rajini Sridhar, Ms. Usha B.R, Mr. Sashikanth V Pattar.

2<sup>nd</sup> row : Mr. Umeha S, Mr. Anoop J Kalloor, Ms. Shipali Manjunath, Ms. Manisha P Thaker, Ms. Chandrika G, Ms. Uma B.C, Ms. Padma Priya, Ms. Rekha Sreenath, Ms. Supriya S, Ms. Shilpa K.G, Ms. Anuradha Bajaj, Ms. Misti Makhija, Ms. Deepa Santhosh Kumar, Ms. Neha, Ms. Madhushree D.G, Ms. Nagaveena Amarnath, Mr. Yoganand D, Ms. Raghavendra S.S, Mr. M.R Manjunath.

4<sup>th</sup> row : Mr. Ashwini R.A, Ms. Shakuntala D Maniyal, Ms. Ekta Pankaj Bathija, Ms. Rashmi S Varma, Ms. Jagruthi G, Ms. Manjula S, Ms. Swarna Gowri R.S, Ms. Jayashree Arun, Ms. Santosh Sharma, Ms. Meenakshi Bedi, Ms. Lavina S Hirnandani, Ms. Veenu M.

5<sup>th</sup> row : Ms. Anoushka S Raheja, Ms. Dipshika Menda, Ms. Rashmi S, Ms. Sakshi S Talreja, Ms. Vinaya B.R, Ms. Jyothi Praveen, Ms. Shakuntala Purohit, Ms. Jalajakshi R, Ms. Pushpa B.M, Ms. Asha K, MS. Smitha Harish, Ms. Usha T.R.





**Ms Maithreyi Satyadev**, Principal, Hebbal, attained superannuation, in the academic year 2022-23. Her vast experience and excellent managerial skills have proved her to be a great mentor. She has been appointed as the Director for Sindhi High School, K K Road, Hebbal and Seva School. We will surely be in the right path under her valuable guidance.

### JOINT TEACHERS' MEETING

Joint teachers' meeting was held on 26<sup>th</sup> May, 2023 to plan the program of work and schedule of assessment for various classes.







# **AISSE 2022-23 CLASS X-100% RESULTS**

The Management congratulates the Executives, Staff, Parents and the Students  
for the excellent performance in the class X Board exam 2022-23

## **SCHOOL TOPPERS**

Above 90 %-30, Distinction -82, First class -112, Second class-6, Pass-1



**NIKITHA V HEBBAR**  
96.80 % - I Place



**NEHA PAMNANI**  
95.20 % - II Place



**GAANAVI S**  
95.00 % - III PLACE



**NAMAN PRADEEP**  
95.00 % - III Place

## **SUBJECT TOPPERS**

**English - 99**



**Neha Pamnani**



**H K Mohit**

**Kannada-97**



**Rehaan Maniyar**

**Hindi - 93**



**Neha Pamnani**

**Sanskrit - 100**



**Nikitha V Hebbbar**



**Naman Pradeep**



**Sameeksha  
Srinivas**



**Sridhar S**



**Harshitha  
N Jain**



**Aadhithya M K**

**Math -Std - 96**

**Math -Basic - 99**

**Science - 96**

**Social Science - 99**



**Janak J  
Rajpurohit**



**Dhruv Jain**



**A B Ishanth Kumar**



**Laksh  
Jignesh Thaker**



**Janak J  
Rajpurohit**



# Unleashing the power of innovative teaching

## Workshop on Competency based learning



**Mrs. Maithreyi Satyadev**  
**Director**  
**Sindhi High School KK Road, Hebbal & Seva School**



Teacher Training Workshops were conducted to provide overall continuous growth opportunities to the teachers. The aim of the workshops was to give the teachers a chance to learn new skills and adopt better teaching practices.

## Workshop on Work Ethics and Attitudinal changes



**By Dr. Rajesh D Nayak**

## Tata Edge Refresher's Course



**By Mr. Neil Vincent**

## Workshop on School Cinema



**By Ms. Debjani**

## QLearncept Program



**By Mr. Sathish**

## Workshop on Active Learning Strategies



**By Ms. Mary Ouseph**





# TRAINING

**SILICON CITY ACADEMY OF SECONDARY EDUCATION**

Happy & Creative School



**PROSPECTIVE RESOURCE PERSONS TRAINING  
LEARNING OUTCOMES & PEDAGOGIES**

**The Bharat Scouts and Guides,  
At Doddaballapur ,Bengaluru**



**L to R : Ms. Geeta Hegde,  
Mr. Srinivas R,  
Mr. Raghavendra S S  
Ms. Veenu M**



**CBSE, Karnataka State Level Conference at  
SSRVM, Bengaluru East**



**Jolly Phonics Workshop  
at SHS, Hebbal**

**CBP Program (Social Science) teachers by Sahodaya Complex @SHS, KK,Road**



**Resource Persons : Ms. Sarada Chandrasekhar & Ms. Mini Johny**



# Brand Ambassadors of Innovative Education

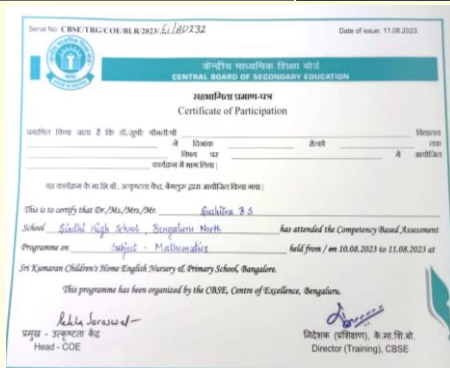
The Innovation Ambassador is a comprehensive 72 hour course designed by the Ministry of Education to equip teachers to create future-ready students. Our Principal, Vice Principals and 50 teachers have completed this prestigious training. May their tribe increase!!



# Prospective Resource Person Program

Intensive workshops were organised by COE (Center Of Excellence), Bengaluru in a quest to identify future resource persons.

Ms. Devika Kiran (Principal), Ms. Alpana Kala (Vice Principal), Ms. Pratima Pai (Vice Principal), Ms. Suchitra B.S, Ms. Rekha Sreenath attended the workshops.





# ORIENTATION FOR CLASS X

An Orientation Programme was held for the parents and students of Class X on 27th May, 2023.

The Principal, Ms. Devika Kiran, welcomed the parents and assured them of the school's commitment in ensuring their child's holistic development. She threw light on the CBSE's scheme of Assessment for the year 2023-24.

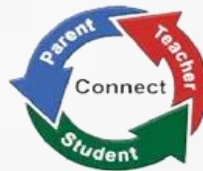
Ms Mridula Tripathi - Vice Principal and Mr. Pramod - Math co-ordinator, Sindhi High School, Hebbal gave an insight into courses and facilities available to the students at Hebbal campus. In the open forum that followed, the queries of the parents were addressed by the Principals of both the schools.



**Ms. Devika Kiran  
Principal**



**Ms. Alpana Kala  
Vice Principal**



**Parent  
Orientation  
Programme**  
**One step in Right Direction**  
for  
**Better Development of your Child**





# A HOLY COMMENCEMENT FOR A WONDROUS ACADEMIC YEAR



## A fresh start and infinite possibilities.

Shri Satyanarayan Pooja was performed in the school on Wednesday, 31<sup>st</sup> May, 2023. The pooja was performed to seek blessings for academic success of students and prosperity, wealth, and happiness for all. Prasadam was also distributed.





# 'At the helm-Today's Student Council, Tomorrow's Trailblazers'

“Always do right. It will gratify some people and astonish the rest.”

– Mark Twain

The Investiture for the academic session 2023-24 was held on Friday, 2nd June, 2023. The event was presided over by the Principal Ms. Devika Kiran. The Investiture ceremony signifies the reliance and confidence that the school consigns in the newly elected Parliamentarians. Donning the mantle of accountability, the School Head Boy and Head Girl took the pledge to discharge their duties to the best of their abilities. The elected leaders were conferred with badges by the Principal. The students' council took the pledge to hold the school motto Tamasoma Jyotirgamaya in high esteem. The Principal advised the Parliamentarians to be impartial and honest in discharging their duties and upholding values. The function concluded with the National Anthem.



**Visionary Vaswani**  
House Master  
Mr. Harsha K Y



**Persistent Patel**  
House Mistress  
Ms. Rajni Sridhar



**Versatile Visvesvaraya**  
House Mistress  
Ms. Savithri  
Ramakrishnan



**Tenacious Tagore**  
House Mistress  
Ms. Shakuntala  
Muniyal





**Principal  
Ms. Devika Kiran**



**Compere  
Ms. Padmapriya**



**Head Boy : Aditya Narang  
Head Girl : Suhani Sharma**





# Partnering to build a strong foundation

"Alone we can do so little; together we can do so much."

- Helen Keller

Every new academic year brings forth new challenges and new initiatives. The parents and school need to work in tandem to maximise their children's potential.

Parent orientation programs for Pre Primary and Class 1 were held on Saturday, 3rd June 2023. This program helped parents to get an insight into the learning process and activities introduced in the school for their children. It gave parents a platform to voice their opinions and clear their doubts.



Vice Principal  
Ms. Alpana Kala



Vice Principal  
Ms. Pratima Pai





# BEAT PLASTIC-KNEEL TO MOTHER EARTH

World Environment Day was observed at Sindhi High School, KK Road, with enthusiasm. The theme was **Beat Plastic Pollution**. Speeches, PowerPoint Presentation, skit and songs exhorting everyone to follow Eco-friendly practices marked the celebrations. The thought-provoking program left the students wonder-struck.



#Beatplasticpollution  
World Environment Day  
2023





# Road Race: A test of speed and determination

"It's not about the destination, it's about the journey."

- Ralph Waldo Emerson



The first sporting event of the year, a road race which is the tradition of SHS, began with a bang. It was held for classes 4-10. A road race is a type of racing event that takes place on paved roads or streets. The Inter-House event was made memorable by the enthusiasm displayed by the students who were brimming with confidence and parents who actively volunteered and cheered for the runners. Running the last kilometre and meeting the target is a test of determination, especially for the younger children. Therefore, all were winners since there were no quitters.





**Nostalgia unlimited**  
**"Seasons change but friends remain the same."**



The alumni of batch 2015-16 finally got together on the bright Sunday morning of 11th June 2023 in the school premises. They exchanged their memories, ideas, views and experiences. It was an occasion to get together with old friends whom they had not met for years, to relive their "BACHPAN" in their almamater, which opened the gates for them with welcoming arms.

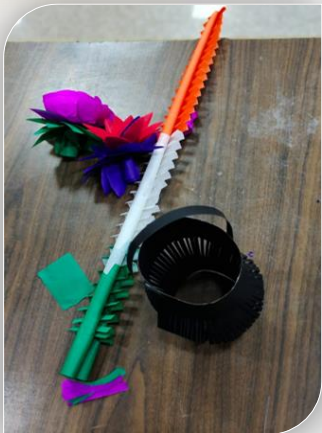
**Unfolding Beauty and Creativity in the folds of a paper**  
**"There are no rules to be followed during origami and that's what makes it more beautiful and loving."**



Origami activity was conducted for the students of classes I to IV on 13th June, 2023.



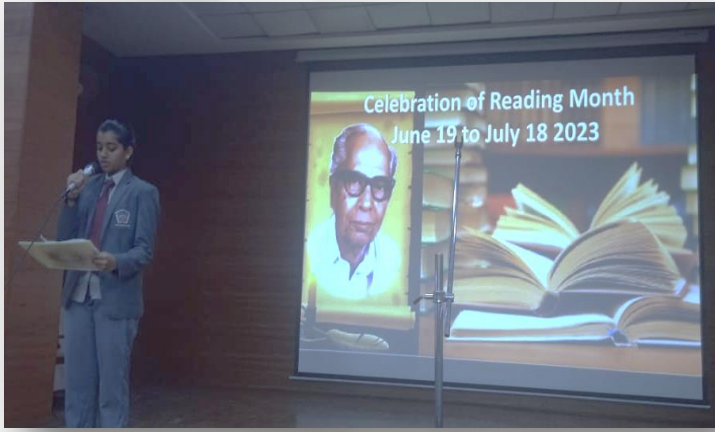
Mr Mohanlal created unique and exclusive structures to showcase his finesse in paper craft. The children were amazed to see the transformation of a sheet of paper into a finished sculpture through folding and sculpting.





# Reading Month

“Reading brings us unknown friends.”



The celebration of Reading Month began on Monday, 19th June, 2023. B G Ila of class X A, administered the reading pledge to the students during the assembly. The celebration aims to help students improve their reading habits and develop a love for reading. Many reading activities for different classes were conducted during the month.





# YOGA FOR WELLNESS



“I come from a land where the idea of the whole world being one family is rooted in our ethos Vasudhaiva Kutumbakam” - Narendra Modi

The International Yoga Day was celebrated with enthusiasm by the staff and students of Sindhi High School, KK Road on 21st June, 2023. The staff members and students performed various asanas and came up with innovative and appealing formations. The importance of Yoga was highlighted through an informative speech. The calming effect of yoga was felt by one and all.







# Music transcends boundaries



The World Music Day was celebrated at Sindhi High School, KK Road on 21st June, 2023.

It was a musical afternoon where students and teachers gave mellifluous performances, both Vocal and Instrumental. The audience was left mesmerized by the impactful performances.





# CELEBRATING EXCELLENCE AND ACHIEVEMENT.



Prize Day is a momentous occasion that marks the culmination of hard work, dedication, and exceptional achievements. It is a special day celebrated in our school to recognize students who have demonstrated outstanding performance, talent, and commitment in their respective fields. The event serves as a platform to commend and reward excellence, inspiring others to strive for greatness.

The event started with an invocation song invoking the blessings of the Almighty, followed by illuminating the lamp. Principal, Smt. Devika Kiran, addressed the students congratulating them for their commendable performance. The awards were then presented to the deserving individuals. Prize Day serves as a moment of reflection and gratitude. It is a time to appreciate the unwavering support of teachers, mentors, parents and friends who have guided and nurtured the talents of the awardees. It is an occasion to acknowledge the collective effort of the educational institution in fostering an environment that encourages excellence and growth.

In conclusion, Prize Day is an auspicious event leaving an indelible mark on the lives of the recipients and the community as a whole.



**Address by  
Smt. Devika Kiran  
Principal, SHS**



**Comperes  
Ms. Ekta Pankaj Bathija  
Ms. Lavina S Hiranandani**







**Hiral Jain, I A  
I Place**



**Dhruv Jain, I A  
II Place**



**Jaisvi Jain, I A  
III Place**



**Samhita R, I B  
I Place**



**Myra Nandish, I B  
II Place**



**Pannaga R, I B  
III Place**



**Vishruth M C, I C  
I Place**



**Sriaansh Yechangunja, I C  
II Place**



**Kavya Singh, I C  
III Place**



**Nidhi Gowda, IIA  
I Place**



**Gaanavi S, IIA  
II Place**



**Abishek N, IIA  
III Place**





**M B Abhiram, II B  
I Place**



**Madhava Deshikan M K, II B  
II Place**



**Pranavi P, II B  
III Place**



**Aarohi, II C  
I Place**



**Samstuta, II C  
II Place**



**Laasya, II C  
III Place**



**K A Aneesh Hebbar, III A  
I Place**



**Ashwin, III A  
II Place**



**Lishan H Shetty, III A  
III Place**



**Tanay S Mehta, III B  
I Place**



**Samay C, III B  
II Place**



**Vihaan M Jain, III B  
III Place**





**Deepika Kaushik, III C  
I Place**



**Utsavi Parin Doshi, III C  
II Place**



**Vihaan Surya, III C  
III Place**



**Aradhya D N, IV A  
I Place**



**Yasheca, IV A  
II Place**



**Krish M Mehta, IV A  
III Place**



**Pracheth P, IV B  
I Place**



**Yesha Jain, IV B  
II Place**



**Chirag D, IV B  
III Place**



**Labdhi, IV C  
I Place**



**M S Samanyu, IV C  
II Place**



**Khyati Hetal Soni, IV C  
III Place**





**Charita N G, V A**  
**I Place**



**B Saanvi Reddy, V A**  
**II Place**



**Manan N Bohra, V A**  
**III Place**



**Manvik V, V B**  
**I Place**



**Dyuthi P Gaddale, V B**  
**II Place**



**Ruthvi S, V B**  
**III Place**



**Sarathak S Gowda, V C**  
**I Place**



**Atharv P Joshi, V C**  
**II Place**



**Vismaya S, V C**  
**III Place**



**Prerana Pai, VI A**  
**I Place**



**Pranathi Kiran, VI A**  
**II Place**



**Aadhya G Mayya, VI A**  
**III Place**





**Driti Jain, VI B  
I Place**



**Meghaa Rajpal, VI B  
II Place**



**Pranav Rao B R, VI B  
III Place**



**Falak Muniyar, VI C  
I Place**



**Parth Chopra, VI C  
II Place**



**Nirvi Sharma, VI C  
III Place**



**Meher K Jain, VII A  
I Place**



**Bhumik B Jain, VII A  
II Place**



**Aarush Pranav H, VII A  
III Place**



**Rachan R Rai, VII B  
I Place**



**Siyona C Reddy, VII B  
II Place**



**Trivid Suresh, VII B  
III Place**





**1** GOLD  
**Harshith Narayana S, VII C  
I Place**



**2** SILVER  
**Anirudha A, VII C  
II Place**



**3** BRONZE  
**Praneeth Jayaprakash, VII C  
III Place**



**1** GOLD  
**Pranav G Mayya, VIII A  
I Place**



**2** SILVER  
**Harshi Jain, VIII A  
II Place**



**3** BRONZE  
**Mowlya D Rai, VIII A  
III Place**



**1** GOLD  
**Maahi S Mehta, VIII B  
I Place**



**2** SILVER  
**Harini R, VIII B  
II Place**



**3** BRONZE  
**Jainy Nilesh Vora, VIII B  
III Place**



**1** GOLD  
**Manya S Shah, VIII C  
I Place**



**2** SILVER  
**Amrutha Balaji, VIII C  
II Place**



**3** BRONZE  
**Shreyansh S Herenjal, VIII C  
III Place**





**V Poongoval, IX A  
I Place**



**Karan R, IX A  
II Place**



**Karishma K, IX A  
III Place**



**Meeth Bhansali, IX B  
I Place**



**S Nithyasri, IX B  
II Place**



**Sushanth R Rao, IX B  
III Place**



**B G Ila, IX C  
I Place**



**Trisha Rao, IX C  
II Place**



**Arushi Garg, IX C  
III Place**





# PARENT TEACHER MEETING

PARENT  
TEACHER MEETING

*Teacher + Parent = A child's strongest Advocate.*

The PTM for pre primary wing and class 1 to 8 was held on Saturday, 1st July, 2023 and Class 9 & 10 on Saturday, 8<sup>th</sup> July, 2023. The teachers discussed students' performance and suggested ways in which the learning experience of the student can be enriched. The teachers briefed the parents about their ward's performance. Areas of strength and weakness of the child were identified and ways to boost the child's performance were suggested. Counselling sessions on Positive Parenting and Raising Independent Children were conducted by Ms Usha T R - school counsellor, for the benefit of the parents.





# Rallying for Glory – Table Tennis Tournament 2023



Thrilling Table Tennis Tournament: Table Tennis Tournament Unites Enthusiastic Players in a Display of Skill and Sportsmanship. The rhythmic sound of balls bouncing, the fast-paced exchanges, and the fervor of competition filled the air as the 29th Inter-School Table Tennis Tournament which took place at Sindhi High School, KK Road on 28th and 29th of July, attracted 16 schools with diverse range of participants.

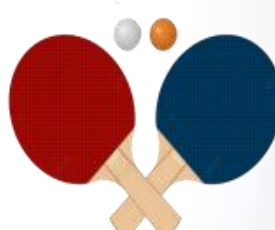
The tournament was conducted for under-16 players for both boys and girls, who were eager to showcase their talent. Notable Table Tennis players Mr. Charan V.P, an alumnus and National TT Player and Ms Anarghya Manjunath, International TT Player, graced the occasion with inspiring words. The event reached its pinnacle with the grand finale, where the champions from each division faced off for the coveted title of the overall champion. Sri Kumaran's, CBSE emerged winners in the Boys' category and Sri Kumaran's, State won the championship in the Girls' category President Sri Sanjeev Atmaram, Sri Rajan Doulatram, Chairman Sindhi High School, Kumara Krupa Road and Principal Smt Devika Kiran expressed their appreciation to all participants, volunteers, and the sports community for making the tournament a resounding success.



**Chief Guest - Inauguration**  
**Mr. Charan VP**  
**Alumnus & National TT Player**



**Chief Guest - Valedictory**  
**Ms. Anargya Manjunath**  
**International TT Player**





# Kargil Vijay Divas- Inspiring generations for years to come

'Kargil Vijay Divas' was observed in school, to pay tribute to Kargil Martyrs, the war heroes who are an epitome of courage and sacrifice. The power point presentation, speech and video shared by the students made the event informative and enlightening. It reiterated the significance of Kargil Vijay Divas. The entire staff, along with the students, paid homage to the war heroes by observing 2 minutes of silence.



## Moment Of Calm-An initiative by Dada Vaswani

At Sindhi High School ,K K Road, a profound moment of calm enveloped the campus on Wednesday, 2nd August,2023 as the Principal's voice resonated over the public announcement system. She emphasized the significance of this moment, encouraging students to embrace mindfulness and introspection. This cherished tradition reminded all that amidst the bustling world, finding moments of calm could nurture the spirit and enrich the educational journey.



PRAYER FOR THE MOMENT OF CALM - August 2 @ 2pm

So bless me Lord, that I may learn to return good for evil - a blessing for a blow. May my heart be so filled with love that there is no empty nook or corner in it for resentment against anyone. Thou art seated in the hearts of all. Therefore let me meet everyone with respect and treat everyone with love. Let me not remember any wrong that has been done to me, any hurt that has been inflicted on me.

I forgive all ! I love all !  
I forgive all ! I love all !  
I forgive all ! I love all !

- J. P. Vaswani

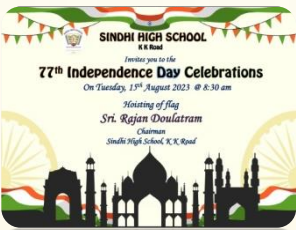




# Celebrating freedom



*"The tribute will always be less for our freedom fighters but the salute to all will never be less. Saluting the entire nation, Happy Independence day!"*



The 77<sup>th</sup> Independence Day celebration at our school was a vibrant and patriotic event that filled the air with a sense of pride and unity.

The school premises was adorned with tricolour decorations.

The event commenced with the hoisting of the Indian flag by the Chief Guest Sri Rajan Doulatram, Chairman, Sindh High School, Kumara Krupa Road, followed by singing of the national anthem. Various cultural performances were organized, including dance, music, and skits that portrayed India's journey to freedom and its rich cultural heritage. The highlight of the event was, the speech by our honourable chief guest. The celebration also included felicitation of students who have made the parents and the school proud at National and International levels. The event concluded with distribution of sweets. **JAIHIND, JAIBHARATH !!**



**Chief Guest  
Sri. Rajan Doulatram**





# Inter school Elocution Competition



The **"Sindhivat Jo Jazbo"** The Spirit of Sindhis, an elocution competition held at our school was a captivating celebration of Sindhi culture. Students enthusiastically participated, showcasing their eloquence and passion for the rich heritage of the Sindhi community. The stage came alive with heartfelt speeches that touched upon the significance of Sindhi culture and heritage. It was presided over by Honourable Chief Guest Sri Prakash F Madhwani, Past President, Sindhi Seva Samiti.

The judges of the event were the Chief Guest, Smt Nikita Madhwani (former Principal, NPS Yeshwanthpur) and Smt Maithreyi Satyadev, Director, (SHS, KK Road, Hebbal and Seva School) who faced the challenging task of evaluating the performances, as each participant offered a unique perspective on Sindhi culture. Paramika A Prabhu - BBUL Jain Vidyalaya. Ardra Kishore - Navkis Educational Centre and Tisya Chikodi - NPS, Rajajinagar bagged first, second and third prizes respectively. While addressing the gathering the esteemed judges gave their valuable feedback. With applauses filling the air, the event came to a successful end, leaving everyone with an appreciation for the art of public speaking.



**Chief Guest & Judge**  
Sri. Prakash F Madhwani



**Judge**  
Smt Maithreyi Satyadev



**Judge**  
Smt Nikita Madhwani







# 'Sindhi High School' hosts its 29th Inter-School Table Tennis Tournament



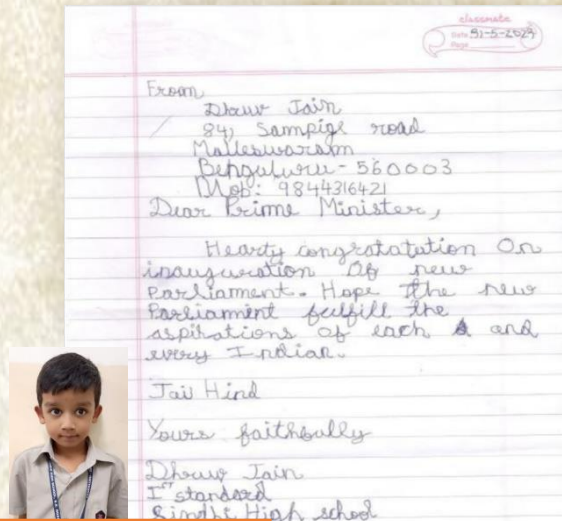
The 29th Inter-School Table Tennis Tournament was recently held at Sindhi High School, Bengaluru. The tournament attracted participants across 16 schools. The event was conducted for under-16 players, both boys and girls, who eagerly showcased their talent. Notable International and National Table Tennis players, Anarghya Manjunath and Charan V P (alumnus) graced the occasion as Chief Guests. The overall winners for the event were Sri Kumaran's (CBSE) in the Boys' category and Sri Kumaran's (State) won the championship in the Girls' category. The President, Chairman and Principal of the school expressed their gratitude to the sports community for making the tournament a success.

## ಸಂಜೆ ವಾಣಿ

### ಅಂತರ್ ಶಾಲಾ ಭಾಷಣ ಸ್ಪರ್ಧೆ



ಬೆಂಗಳೂರು, ಆ. 20 - ನಗರದ ಕುಮಾರ ಕೃಪ ರಸ್ತೆಯ ಸಿಂಧಿ ಪ್ರೌಢಶಾಲೆಯಲ್ಲಿ ಸಿಂಧಿ ಪಂಚದ ಸಂಸ್ಕೃತಿ, ಸಂಪ್ರದಾಯ, ಪರಂಪರೆ ಪಾಲಿಸಿ ದೇಶಕ್ಕೆ ನೀಡಿದ ಕೊಡುಗೆ ಮುಂತಾದವುಗಳ ಬಗ್ಗೆ ಅಂತರ್ ಶಾಲಾ ಭಾಷಣ ಸ್ಪರ್ಧೆ ಆಯೋಜಿಸಲಾಗಿತ್ತು. ಸಿಂಧಿಯ ಮಹಿಳಾ ಸಂಸ್ಥೆ 'ಎನ್.ಎಸ್.ಸಿ'ಯ ಮುಖ್ಯಸ್ಥಿಗಳಾದ ಅಂತರ್ ಶಾಲಾ ಭಾಷಣ ಸ್ಪರ್ಧೆಯಲ್ಲಿ ನೂರಾರು ವಿದ್ಯಾರ್ಥಿಗಳು ಪಾಲ್ಗೊಂಡಿದ್ದರು. ಸಿಂಧಿ ಪಂಚದ ಸಂಸ್ಕೃತಿ, ಸಂಪ್ರದಾಯ, ಪರಂಪರೆಯ ಕುರಿತು ವಿವರವಾದ ಮಾಹಿತಿಗಳೊಂದಿಗೆ ವಿಷಯ ಮಂಡಿಸಿದ ವಿದ್ಯಾರ್ಥಿನಿ ಪರಮಿ ಕೃಷ್ಣಮುಖುಮಾನವನ್ನು ಗಳಿಸಿದರು. ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಸಿಂಧಿ ಸೇವಾ ಸಮಿತಿಯ ಮಾಜಿ ಅಧ್ಯಕ್ಷ ಪ್ರಕಾಶ್ ಎಚ್ ಮಾದ್ರಾನಿ, ಶಾಲೆಯ ಅಧ್ಯಕ್ಷರಾದ ಸಂಜೀವಲಕ್ಷ್ಮಯ್ಯ, ರಾಜನ್ ದೇವ್ ರಾಮ್ ಪಾಲ್ಗೊಂಡಿದ್ದರು. ಸಿಂಧಿ ಪಂಚದ ಸಂಸ್ಕೃತಿ, ಸಂಪ್ರದಾಯ, ಪರಂಪರೆ ಪಾಲಿಸಿ ದೇಶಕ್ಕೆ ಆವರ ಕೊಡುಗೆಯನ್ನು ಬಿಂಬಿಸುವ ದೃಶ್ಯಗಳನ್ನು ಪ್ರದರ್ಶಿಸಲಾಯಿತು. ಪ್ರಾಂಶುಪಾಲರಾದ ದೇವಕಿ ಕರ್ಣ್ ಅವರು ಉಪಸ್ಥಿತರಿದ್ದರು. ಸುಮಧುರವಾದ ಸಿಂಧಿ ಭಾಷೆಯೊಂದಿಗೆ ಕಾರ್ಯಕ್ರಮವು ಮುಕ್ತಾಯಗೊಂಡಿತು.



**Dhruv Jain, I A**

प्रधान मंत्री  
 Prime Minister  
 New Delhi  
 आषाढ 27, शक संवत् 1945  
 18<sup>th</sup> July, 2023

Dear Dhruv Jain,  
Thank you for your warm words of appreciation. May you be blessed with good health and happiness. With blessings,  
  
 (Narendra Modi)



# Poetry corner

A selection of verses from **Open Sesame** readers on their favourite sports stars

## The modern god of speed

In the world of speed, he takes his place,  
Lewis Hamilton, a legend to embrace.  
With skill and passion, he conquers the track,  
A racing prodigy, never looking back.  
From karting days, his talent shone bright,  
A champion's spirit, a relentless fight.  
With McLaren and Mercedes, his path aligned,  
The young prodigy, destined to be defined.  
Seven crowns he wears, a historic feat,  
Matching Schumacher, in victory he'll meet.  
Hamilton's legacy, a story of grace,  
A trailblazer, a symbol of a diverse race.



Advait Joshi

**Advait Joshi, X B**

## Grit and glory

PV Sindhu, a star on the rise,  
Her racquet swings, her spirit flies.  
On the court, she's fierce and bold,  
A champion with a heart of gold.  
With every smash and graceful stride,  
She fills our hearts with joy and pride.  
Her talent shines, a radiant light,  
Inspiring millions day and night.  
A badminton queen, with skill so rare,  
She conquers challenges, shows us all she dares.  
In her presence, the game comes alive,  
PV Sindhu, the legend will thrive.



Shraddha NS

**Shraddha NS, X B**

# Open letters to Elon Musk



Open Sesame readers share their thoughts with the CEO of Tesla

*Respected Sir,*  
It is my greatest pleasure to write to you. You're a billionaire and the CEO of Tesla, one of the world's most fabulous cars. Leading this company must be a memorable experience for you.  
The most valuable lesson I've learnt from you is the importance of a big vision for your life and accomplishing the vision with hard work. You have always been driven by wanting to create a better future for humanity, whether it's through reducing greenhouse emissions or develop-

ing brain-machine interfaces. These moral values displayed by you are extraordinary.  
I had just two questions for you. How do you deal with obstacles? What do you do when you're disappointed by your choices? I would like to learn from you. I will always remember that, the greater the risk, the greater the reward.  
It would be the greatest honour to meet and get to spend time with you someday. I look forward to experiencing that moment very soon.  
Sincerely,  
**Hriday K Mehta, 14**  
Bengaluru, Karnataka



**Hriday K Mehta, IX A**

*Mr Musk,*  
Hi there! My name is Sidhanth, I am a student in the 7th grade, Sindhi High School. You are a go-getter. You always achieve what you want. That is a big WOW for me. CEO of Space X, Tesla, Twitter and many more titles are attached to your name. But the one that excites me the most is Tesla because I love cars the most and you have drastically transformed the automobile industry. The futuristic Tesla electric car has many anti-pollution

benefits. I would love to learn more about cars. You also believe that a small number of exceptional people can be highly motivated and can do a lot better than a large number of people who are less motivated. I couldn't agree more. Lastly, I know that I cannot be you, but I will try to be me and follow your quote: "When something is important enough, you do it even if the odds are not in your favour."  
Warm regards,  
**Sidhanth Kiran Valecha, 11**  
Bengaluru, Karnataka



**Sidharth Kiran Valecha, VII A**

# Should fossil fuels be banned?

**Sinchana Kumar, 13**

**FOR** the problem of global warming. Moreover, fossil fuels are also the root of early death, Alzheimers disease, respiratory disorders, heart attacks, strokes, asthma and many more illnesses. As if it wasn't enough, fossil fuels are also one of the leading radices of water pollution, air pollution and environmental pollution.

Once the most worshipped matter, fossil fuels are now the one to condemn for death, deception and disaster. Apart from producing energy, when fossil fuels are burned, they release cataclysmic amounts of greenhouse gas into the air, furthering



**Mahanth Achhpaliya, 15**

**AGAINST** energy, these resources are still evolving. It will take some time and effort for natural energy resources to replace fossil fuels. And if fossil fuels are banned today, it would take a lot of effort for people to completely replace fossil fuels in their daily life, hence affecting various businesses and hindering the daily routine of the global population.

Firstly, our entire world runs on fossil fuels. The ban of fossil fuels would lead to the shutting down of many industries of transportation and manufacturing, and this would ultimately lead to economic disruptions, job losses and poverty.

Although there are alternative resources like wind and solar



**Mahanth A, X 'C'**

# Should protests be banned?

**S Nityashree, 14**

**FOR** public property. This causes displeasure to the people living in and around the area. Protests carried out for an extended period of time causes panic and fear among the masses, due to inconvenience in obtaining basic amenities like medicines and groceries.  
Instead of protests we must adopt peaceful methods to voice our opinions, and exist in a democratic environment. In a democratic country like India, the right to protest is a fundamental right, but this doesn't mean we jeopardise peace in the city.  
A few of the repercussions include blocking access to roads leading to government buildings and destruction of valuable



**Nityashree, X B**

**Charvi LN, 14**

**AGAINST** who listen to innocent people's worries? The answer is 'NO' - But the question that arises now is - "Why?". Why can't people listen to the ones crying for their rights or freedom? The innocent aren't heard, they aren't noticed, they aren't given justice. They have no option left but to raise their voice against injustice.  
For that matter, we wouldn't have gotten freedom from the British if we hadn't protested. Protesting isn't bad, and neither should it be banned. But protests should be carried out in such a way that it doesn't harm others. It is important to be mindful and do the right thing.







*“The road to freedom –here and everywhere on earth – begins in the classroom.”*

*– Hubert Humphrey.*

The academic year for the Pre- Primary started on 29th May with the youngest of the lot, Nursery students, stepping in the campus first, followed by the LKG and UKG students on 31st May. Various activities were conducted to teach children about ways to ‘Save and protect our environment’ and ‘Good touch and bad touch’. ‘1 min talk’ has been introduced for UKG to develop their oratory skills. They shared their thoughts on topics ‘Papa and Me’, where they spoke about the special bond between them and their father and ‘I love India’, a tribute to the motherland. Students of LKG participated in a ‘Show and Tell’ activity for Green, Red and Blue splash. Various competitions were conducted for children like collage making, story narration, rhymes recitation, draw and color, to name a few.



## Papa and Me





# RED SPLASH



# GREEN SPLASH



## Good Touch, Bad Touch





# Competitions





# AWARDS GALORE



**Ms. Neha, Middle School Science Faculty won a prize in National South Region Tata Edge Contest.**



**Felicitation of Class X (Batch 2022-23) students who have scored Centum in Sanskrit**



**Pranatharthi D, X 'B'**  
Participated in 25<sup>th</sup> South zone National Tenni-Koit Championship in Tamil Nadu



**Poongoval V, X 'A'**  
Won 2nd prize in carnatic vocal in Junior 2 category in Gaanasiri 2k23 international level online music competition







**Jaanvi Sachdev, VI 'C'**

Won 2 Gold and 1 Silver medal for Kyurogi & Poomsae in the 40th State Taekwondo Championship -2023.



**Adhish V G, IV 'A'**

Won 2 Gold and 1 Silver medal for Kyurogi & Poomsae in the 40th State Taekwondo Championship -2023.



**Shreyas Sanjay, UKG A**

Attained Yellow Grade in World Taekwondo promotion test.



**Arya Sriram, IV 'C'**

Won Bronze medal in Kyurugj at Koramangala Indoor Stadium, Bengaluru



**Mayukha Lakshmi, VIII 'C'**

Won Gold Medal at 5<sup>th</sup> National Level Taekwondo Championship, Bengaluru



**Sanjeevini B, IX 'B', Bhoomika H. C, VIII 'C', & Shashank B, VI 'A'**

Bagged an opportunity to give a dance performance before the Hon. Prime Minister Sri Narendra Modi in G20 summit



**Vishrutha Raju, IX 'A'**

She has been selected to participate in an International Cultural Exchange program in Srilanka





# GRATITUDE IN SPOTLIGHT

Respected Ma'am,

I, Nitya Lulla am writing to express my deepest gratitude to you and the entire school Management for the wonderful felicitation extended to my daughter Jaanvi Sachdev of CI 6'C' for her recent Taekwondo 2023 Championship achievement.

Jaanvi and I are truly honored and touched by the thoughtful gesture of yours to acknowledge the same. This recognition not only means a lot to me as a parent but also reinforces the strong support system that Sindhi High School K.K Road provides to its students. Your commitment to nurturing their talents and fostering an environment of growth is truly commendable.

Thank you for the Amazon Gift voucher too.

Thank you

Warm regards,

Nitya Lulla

Dear Devika Kiran Ma'am,

I, Soumya hope this message finds you well. I wanted to take a moment to express my heartfelt appreciation to you and the entire school management for the warm felicitation extended to my son Adhish VG from Class 4A, for his recent achievement in Taekwondo Championship. Your recognition and encouragement mean a great deal to us as a family.

Additionally, I would like to extend our gratitude for the thoughtful gift voucher that was included. This gesture adds another layer of warmth to the celebration, and we are truly thankful for your kindness.

It's reassuring to know that Sindhi High School, K.K Road not only values academic success but also takes the time to appreciate and motivate its students. This recognition has undoubtedly inspired Adhish to continue striving for excellence in all his pursuits.

Once again, thank you for your unwavering support and encouragement. We are proud to be a part of the Sindhi High School community.

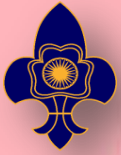
Thank You

Warm regards,

Soumya Basavaraj

**We run the race over and over, time and time again.**





# INTRODUCTION OF SCOUTS & GUIDES CUBS & BULBULS

The Bharat Scouts & Guides is a voluntary educational movement for young people without discrimination of origin, race or creed. The purpose of the movement is to develop the character of the youth and render selfless service to the country to become responsible citizens. The qualities inculcated through training are ability to adopt and acquire sense of responsibilities, leadership, development skills and management techniques. Camps are organised at various levels like Rallies, National Integration Camps, Jamborees, Symposium, Youth Forums, Discussions, Skill Development Training, Disaster Preparedness etc. Cubs and Bulbuls for Class 5 and 6 and Scouts and Guides for cl 7 and 8 has been introduced for the students from this academic year.



## TABLE TENNIS

The school has commenced Table Tennis coaching as hobby classes for interested students under the able guidance of Sri Pravin Joshi, a renowned Table Tennis player.







School Cinema is a first-of-its-kind program in our school that supports Social Emotional Learning, Life Skills, Mental Well-being and Social Skills, creating future-ready students.

School Cinema uses cinematic storytelling and thought-provoking workbooks and digital activities to engage and influence students of classes 1-5 and 9 & 10.



An interesting initiative taken up by our school is Qlearncept-an exploration of present technology to get a hands on experience. It offers a technology integrated, curated project-based course program for classes 6-8. Due to the futuristic approach to education, courses on Animation, Augmented Reality, Coding, Advanced Electronic, the Internet of Things, and 3D printing are taught.







## Creating conducive environments to boost productivity

### Biology Lab



### Chemistry Lab



### Primary Class Rooms



### Resource Room





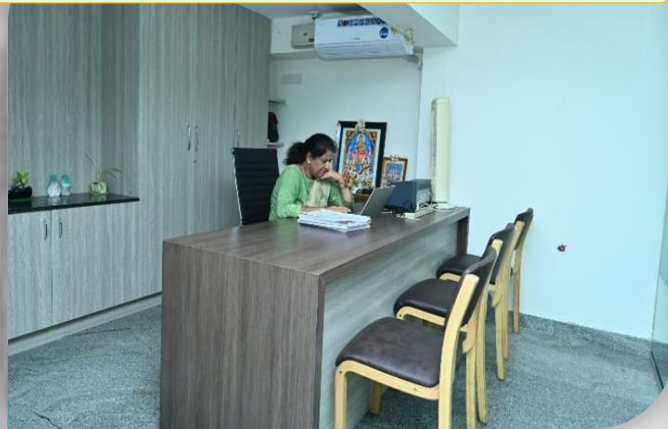
## Pre-Primary class rooms



## Installation of interactive panels in Preprimary classes



## Director's Cabin



## Staff Room



## Terrace



## Pre-primary Washroom





# CO - CURRICULAR ACTIVITIES

Creativity & Resourcefulness go hand in hand









# Extra Curricular Activities



 **Inter-School Badminton Competition**



 **Inter-School Kannada Debate Competition**



 **Inter-School Yoga Competition**



 **Kids for Tigers**  
A global Tiger Day with regards to conservation of tiger.



It is a matter of great pride that we at SHS give utmost importance to physical fitness and have made it a part of our students' and staffs' daily lives . Our commitment to fitness has been recognized by the Fit India Movement.



# HOBBY CLASSES



**SINDHI SPOKEN CLASSES**

**THROW BALL**



**TABLE TENNIS**



**BASKET BALL**



**KARATE**





## FRIENDSHIP THAT IS NOT ORDINARY

“FRIENDS COME AND GO LIKE WAVES OF THE OCEAN BUT THE TRUE ONES STAY LIKE AN OCTOPUS ON THE FACE.”



Who are friends?

As per my knowledge, a friend is someone who knows you, who you are affectionate to, or who admires you. Everyone you meet may be your friend but the true ones always are someone special. Friendship is a bond between those two friends. It has a significant role in life. It is responsible for teaching us a lot of lessons in life and that is the foremost reason you must cherish it. It may be run-of-the-mill for two friends to create a bond of friendship but a true one is not ordinary. Moreover, a true friendship results in good memories. You spend more days and months together to create beautiful memories. A true friend will stand by you in your bad time and cherish your good memories. They teach us loyalty, and reliability and enhance our confidence. They do anything and Everything possible to maintain a true friendship. It is very important to maintain a friendship. A time comes when we are forced to separate from our true friends but we shouldn't let distance act as a barrier. It is important to always stay in touch. Most. Importantly, we must give friends the love and respect they deserve. It is essential to treat them nicely so they never forget their worth. Although it typically takes an investment of time and effort to cultivate a healthy friendship many times, it is worth it. Friends help you progress mentally and promote healthy self-confidence and provide unconditional love. I would conclude by saying true friends cannot be faked. A true friendship will never have an ulterior motive. It will always be offered selflessly.



PRAACHI.K.JAIN  
X 'A'



## DREAMS

When we sleep, we all tend to get dreams, but have you wondered what a dream is?

Dreams, are the images, thoughts, and emotions that are experienced by one during sleep. Dreams can range from extraordinarily intense or emotional to very vague, confusing, or even boring. Some dreams are joyful, while others are frightening or sad. Sometimes dreams seem to have a clear story, while many others appear to make no sense at all.

There are mainly 5 types of dreams: **normal dreams, daydreams, lucid dreams, false awakening dreams, and nightmares.** Whether you remember your dreams or not, most people dream every night during REM [rapid eye motion] sleep.

### Fun fact;

During a typical lifetime, people spend an average of **six years** dreaming.

None of the scientists have completely researched on dreams, thus, it is one of the biggest mysteries.

Whatever dream we get, we enjoy, and cherish them, especially the special ones, after a while too.



ANUSHRI P  
VIII 'B'





ಒಬ್ಬ ಮನುಷ್ಯನ ಪಾತ್ರವು ಅವನು ನಿಜವಾಗಿಯೂ ಇದ್ದಾನೆ. ಇದು ಅವನ ನಿಜವಾದ ನೈತಿಕ ಸ್ಥಿತಿ. ಇದನ್ನು 'ವ್ಯಕ್ತಿಯ ವಿಶಿಷ್ಟ ಗುರುತು' ಎಂದು ವ್ಯಾಖ್ಯಾನಿಸಲಾಗಿದೆ. ಇದು ಭಾಗಶಃ ಜನ್ಮಜಾತ ಗುಣಗಳನ್ನು ಅವಲಂಬಿಸಿರುತ್ತದೆ ಮತ್ತು ಭಾಗಶಃ ಯುವಕರಲ್ಲಿ ತರಬೇತಿ ಮತ್ತು ವ್ಯಕ್ತಿಯು ಬೆಳೆದ ಸಂದರ್ಭಗಳನ್ನು ಅವಲಂಬಿಸಿರುತ್ತದೆ. ಬಾಲ್ಯದಲ್ಲಿಯೇ ಉತ್ತಮ ಹವ್ಯಾಸಗಳನ್ನು ರೂಢಿಸಿಕೊಳ್ಳುವ ಮೂಲಕ ಅದನ್ನು ಬೆಳೆಸಿಕೊಳ್ಳಬಹುದು. "ಒಂದು ಕಾರ್ಯವನ್ನು ಬಿತ್ತಿ ನೀವು ಅಭ್ಯಾಸವನ್ನು ಕೊಯ್ಯುತ್ತೀರಿ. ಅಭ್ಯಾಸವನ್ನು ಬಿತ್ತಿ ನೀವು ಪಾತ್ರವನ್ನು ಕೊಯ್ಯುತ್ತೀರಿ". ನಾವು ಒಳ್ಳೆಯ ಅಭ್ಯಾಸಗಳನ್ನು ಬಿತ್ತಿದರೆ, ನಾವು ಒಳ್ಳೆಯ ಗುಣವನ್ನು ನಿರ್ಮಿಸುತ್ತೇವೆ. ನಮ್ಮಲ್ಲಿ ಕೆಟ್ಟ ಅಭ್ಯಾಸಗಳನ್ನು ಬೆಳೆಸಲು ನಾವು ಬಿಟ್ಟರೆ, ನಮ್ಮ ಸ್ವಭಾವವು ಕೆಟ್ಟದಾಗುತ್ತದೆ. ಆದ್ದರಿಂದ ಮಕ್ಕಳಿಗೆ ಅನುಕರಣೆಗಾಗಿ ಉತ್ತಮ ಮಾದರಿಗಳನ್ನು ಪುಸ್ತುತಪಡಿಸುವುದು ಬಹಳ ಮಹತ್ವದ್ದಾಗಿದೆ. ಧೈರ್ಯ, ಸತ್ಯ, ಸರಳತೆಯ ಆದರ್ಶಗಳು. ಪ್ರಾಮಾಣಿಕತೆ ಮತ್ತು ಅವುಗಳನ್ನು ಅನುಸರಿಸಲು ಮತ್ತು ಬದುಕಲು ಅವರ ಮುಂದೆ ಶುದ್ಧತೆಯನ್ನು ನಿರಂತರವಾಗಿ ಇರಿಸಬೇಕು. ನಾವು ಬಾಲ್ಯದಲ್ಲಿ ಮಾತ್ರವಲ್ಲದೆ ನಂತರವೂ ಒಳ್ಳೆಯ ಅಥವಾ ಕೆಟ್ಟ ಅಭ್ಯಾಸಗಳನ್ನು ರೂಪಿಸುತ್ತೇವೆ. ನಾವೆಲ್ಲರೂ ಪುತಿದಿನ ಸ್ವಲ್ಪ ಬೆಳೆಯುತ್ತೇವೆ. ಉತ್ತಮ ಅಥವಾ ಕೆಟ್ಟದಾಗಿ. ಆದ್ದರಿಂದ, ನಾವು ದಿನದಿಂದ ದಿನಕ್ಕೆ ನಮ್ಮನ್ನು ನೋಡುವ ಆಹಾರದ ಅಗತ್ಯವಿದೆ. ಒಳ್ಳೆಯ ಪಾತ್ರವನ್ನು ಮಾಡಲು ಏನು ಹೋಗುತ್ತದೆ? ಪಾತ್ರವನ್ನು ರೂಪಿಸಲು ಹಲವು ಗುಣಗಳಿವೆ. ಮೊದಲು ಸತ್ಯ ಬರುತ್ತದೆ. ಲಾರ್ಡ್ ಅವೆರ್‌ಬರಿ ಹೇಳುತ್ತಾರೆ, "ಆದರೆ ಒಂದು ಗುಣವು ಅತ್ಯಗತ್ಯವಾಗಿದೆ, ಅದು ಇಲ್ಲದೆ ಮನುಷ್ಯನು ಮನುಷ್ಯನಲ್ಲ, ಅದು ಇಲ್ಲದೆ ಯಾವುದೇ ದೊಡ್ಡ ಕೆಲಸವನ್ನು ಸಾಧಿಸಲಾಗಲ್ಲ - ಅದು ಆಂತರಿಕ ಭಾಗಗಳಲ್ಲಿ ಸತ್ಯ." ಮುಂದೆ ನ್ಯಾಯ ಬರುತ್ತದೆ. ಒಳ್ಳೆಯ ಚಾರಿತ್ರ್ಯದ ಮನುಷ್ಯ ಎಲ್ಲರಿಗೂ ಸಮನಾದ ನ್ಯಾಯವನ್ನು ನೀಡಲು ಇಷ್ಟಪಡಬೇಕು. ಆದರೆ ನ್ಯಾಯವನ್ನು ಕರುಣೆಯಿಂದ ಹದಗೊಳಿಸಬೇಕು. ಇದು ನಮ್ಮ ಕರ್ತವ್ಯವಾಗಿದ್ದರೆ, ಪ್ರಾಮಾಣಿಕವಾಗಿರಲು ನಾವು ಸಿಹಿ ಮತ್ತು ವಿನಯಶೀಲರಾಗಿರಬೇಕು. ಪ್ರಾಮಾಣಿಕತೆ, ಪ್ರಾಮಾಣಿಕತೆ, ಔದಾರ್ಯ ಮತ್ತು ಮಾತಿನ ಆಲೋಚನೆ ಮತ್ತು ಕ್ರಿಯೆಯಲ್ಲಿ ಪರಿಶುದ್ಧತೆ - ಅಂತಹ ಸದ್ಗುಣಗಳು ವ್ಯಕ್ತಿಯನ್ನು ಉತ್ತಮ ಸ್ವಭಾವದ ವ್ಯಕ್ತಿ ಎಂದು ಕರೆಯಲು ಅರ್ಹತೆ ನೀಡುತ್ತದೆ.



ಎನ್ ಜಿ ಪ್ರತ್ಯುಷ್, X 'ಬಿ'

**ನೇಗಿಲ ಯೋಗಿ - ನಮ್ಮ ರೈತ ಅನ್ನದಾತ**

ನೇಗಿಲ ಯೋಗಿ - ನಮ್ಮ ರೈತ ಅನ್ನದಾತ ಆಹಾರವು ನಮ್ಮ ದೇಹದ ಮೂಲಭೂತ ಅವಶ್ಯಕತೆಯಾಗಿದೆ. ನಮಗೆ ದೈನಂದಿನ ಕೆಲಸಗಳನ್ನು ಮಾಡಲು ಆಹಾರ ಶಕ್ತಿ ಒದಗಿಸುತ್ತದೆ. ಆದರೆ ಈ ಎಲ್ಲಾ ಶಕ್ತಿ ಕೊಡುವ ಆಹಾರ ನಮಗೆ ಎಲ್ಲಿಂದ ಮತ್ತು ಹೇಗೆ ಸಿಗುತ್ತದೆ ಎಂದು ನಾವು ಯೋಚಿಸಬೇಕು. ಆಗ ನಮಗೆ ನೆನಪಾಗುವುದೇ ನಮ್ಮ ರೈತ - ಅನ್ನದಾತ. ಭೂಮಿಪುತ್ರ , ಎಂದೇ ಕರೆಯಲಾಗುವ ನಮ್ಮ ರೈತರು ಬೀಜ ಬಿತ್ತುವ ಕ್ಷಣದಿಂದ ಸುಗ್ಗಿ ಸಮಯದ ತನಕ ಬೆಳೆಯನ್ನು ನೋಡಿಕೊಂಡು ಕಾಪಾಡುತ್ತಾರೆ. ಮಳೆ, ಗಾಳಿ, ಬಿಸಿಲನ್ನು ಲೆಕ್ಕಿಸದೆ ಶ್ರಮವಹಿಸಿ ದುಡಿದು ಕೈ ಕೆಸರಾದರೆ ಬಾಯಿ ಮೊಸರು ಎಂಬ ಮಾತಿಗೆ ಉದಾಹರಣೆಯಾಗಿ ಬಾಳುತ್ತಾರೆ. ನಮ್ಮ ಹಸಿವನ್ನು ನೀಗಿಸುತ್ತಾರೆ. ಅದಕ್ಕೆ ಇರಬೇಕು ನಮ್ಮಲ್ಲಿ ಊಟದ ನಂತರ ಅನ್ನದಾತ ಸುಖೀಭವ ಎಂದು ಹೇಳುವುದು. ಹಾಗೆಂದರೆ, ನಮಗೆ ಅನ್ನ ಕೊಟ್ಟು - ಆಹಾರ ಕೊಟ್ಟ ವರು ಸುಖವಾಗಿರಲಿ ಎಂದು ಅರ್ಥ. ನಮ್ಮ ಭಾರತ ಕೃಷಿ ಪ್ರಧಾನ ದೇಶವಾಗಿದೆ. ಬಹುಪಾಲು ಜನರು ಕೃಷಿಯನ್ನು, ಅವಲಂಬಿಸಿದ್ದಾರೆ. ನಮ್ಮ ದೇಶದ ಬಹುತೇಕ ಜನರ ಆದಾಯ ಈ ಕೃಷಿಯನ್ನೇ ಅವಲಂಬಿಸಿದೆ. ಆದರೆ ದುಃಖದ ಸಂಗತಿಯೆಂದರೆ, ಕಷ್ಟ-ಬಡಕಲು ದೇಹದ, ಮಣ್ಣಿನ ಬಣ್ಣದ ಬಟ್ಟೆ ತೊಟ್ಟಿರುವ, ನೇಗಿಲನ್ನು ಹಿಡಿದಿರುವ ಬಡ ವ್ಯಕ್ತಿ ನಮ್ಮ ಭಾರತದ ರೈತನ ಚಿತ್ರಣವಾಗಿದೆ. ನಮ್ಮ ಹಸಿವನ್ನು ನೀಗಿಸಲು ನಿಂತ ಈ ರೈತರಿಗೆ, ಆಹಾರ ಮತ್ತು ಮೂಲಭೂತ ಸೌಕರ್ಯ ದೊರಕುತ್ತಿಲ್ಲ. ಕುವೆಂಪುರವರು ವರ್ಣಿಸಿದ ಹಾಗೆ ಈ ನೇಗಿಲ ಯೋಗಿ ಗಳಿಗೆ ಎಲ್ಲಾ ಸೌಲಭ್ಯಗಳೂ ದೊರಕುವಂತಾಗಬೇಕು. ಜೈ ಜವಾನ್ ಜೈ ಕಿಸಾನ್ ಎಂಬ ಮಾತಿನಂತೆ, ದೇಶ ಕಾಯುವ ಯೋಧರಂತೆಯೇ, ಹಸಿವ ನೀಗಿಸುವ ಅನ್ನದಾತರು ರೈತರು ನಮ್ಮ ದೇಶದ ಬೆನ್ನಲುಬಾಗಿದ್ದಾರೆ. ನಮಗೆ ದೊರೆತಿರುವ ಆಹಾರವನ್ನು ಹಾಳು ಮಾಡದೆ ಅವರಿಗೆ ನಮ್ಮ ಕೃತಜ್ಞತೆಯನ್ನು ತೋರಿಸೋಣ.



ಪ್ರಣತಿ ಕೆ, VII 'ಎ'



## हिंदी जन्मदिन

साल मे एक दिन  
ऐसा आता है,  
जो हमे बहुत  
प्यारा लगता है

वह प्यारा दिन  
जन्मदिन है,  
उपहार, तोहफे, बधाई  
का दिन है।

जन्मदिन के लिए हम  
पहले ही सोच रखते है,  
जन्मदिन को हम  
उसे पूरा करते है।

जन्मदिन को हम आशा करते है  
की आने वाला साल अच्छा हो,  
जन्मदिन को हम खुश होते है  
की हमारा पिछला साल अच्छा था।

साल मे बार बार नहीं  
आता है यह दिन,  
हम खूब मज़ा और खूब मस्ती  
करते है इस दिन।



जिया एन  
VIII 'ए'



## श्रीनिवास रामानुजन

श्रीनिवास रामानुजन भारत के प्रसिद्ध गणितज्ञ थे। उनका जन्म 22 दिसंबर 1887 को ब्रिटिश राज के दौरान मद्रास में हुआ था। बचपन से ही वे गणित की ओर आकर्षित थे और इस विषय को सीखने में विशेष रुचि लेते थे। उन्होंने गणित में औपचारिक शिक्षा प्राप्त नहीं की थी लेकिन विभिन्न वर्गों में गणित में महारत हासिल की थी। कैंब्रिज में अपने समय के दौरान, वह हार्डी नामक महान गणितज्ञ के करीब आए। दोनों ने मिलकर हार्डी-रामानुजन संख्या 1729 का आविष्कार किया। उन्होंने 22 साल की उम्र में 14 जुलाई 1904 को जानकीम्मल से शादी की। उनके सिद्धांतों और सूत्रों के आधार पर उनके द्वारा कई किताबें लिखी गईं। उन्हें गणित के लिए के. रंगनाथ राव पुरस्कार भी मिला। 26 अप्रैल 1920 को वे 32 वर्ष की आयु में चल बसे



पृथ्वीराज पोहम  
VII 'बी'





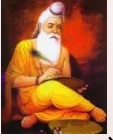
एकदा, कश्चन शिष्यः मनः कथं शान्तं भवेत् इति तस्य गुरुं पृष्ठवान्। गुरुः किमपि उत्तरं न दत्तवान्। परन्तु सः शिष्यम् अवदत् "वत्स! अहम् पिपासितः। कृपया तस्मात् सरोवरात् जलम् आनय।" इति।

सद्यः एव, शिष्यः सरोवरं प्रति अगच्छत्। सः तत्र कांश्चन जनान् वस्त्राणि क्षालयतः अपश्यत्। अपि च सः एकं वृषभशकटं सरोवरं तरन्तम् अपश्यत्। एतेन कारणेन, सरोवरजलं कलुषितम् अभवत्। शिष्यः अचिन्तयत् "कथम् एतत् कलुषितं जलम् अहम् गुरुवे दास्यामि?" अतः सः गुरोः समीपं गत्वा जलं कलुषितम् अस्ति, अतः पातुं न योग्यं इति अवदत्।

एतत् श्रुत्वा, गुरुः अवदत् "अस्तु! वयं एतस्य वृक्षस्य अधः विश्रान्तिं स्वीकुर्मः" इति। किञ्चित् कालानन्तरं, गुरुः शिष्यं आहूय पुनः सरोवरं गत्वा जलम् आनय इति उक्तवान्। शिष्यः गुरोः आज्ञां श्रुत्वा सरोवरम् अगच्छत्। इदानीं, सः सरोवरे निर्मलं जलं अपश्यत्। पङ्कः जलस्य अधः आसीत् येत् जलं अधुना पातुं योग्यं आसीत्। अतः सः घटे जलं पूरयित्वा गुरुवे अददात्। गुरुः शिष्यम् अपृच्छत् "वत्स! कथं अधुना निर्मलं जलं प्राप्तवान्?" शिष्यः अवदत् "कञ्चन कालं यावत् सरोवरः तथैव त्यक्तः येन पङ्कः स्वयं अधः अगच्छत्। श्रमं विना शुद्धं जलं प्राप्तवान्। गुरुः अवदत् "वत्स! एवमेव जीवने अपि वर्तितव्यम्।" गुरुः पुनः अवदत् "यदा मनः विचलितं भवति तदा जलमिव किञ्चित् समयं ददातु येन मनः स्वयं शाम्यति। कोऽपि श्रमः न करणीयः" इति। गुरुः अग्रेऽपि उक्तवान् "अतः एतदवश्यं स्मर्तव्यं यत् यदा मनः विचलितं भवति तदा कञ्चन कालं यावत् तूष्णीभूय कामपि प्रतिक्रियां विना स्थातव्यम्। येन वयं शान्तेन मनसा एव जीवने समीचीनं निर्णयं कर्तुं शक्नुयाम्" इति।

#### Moral of The Story:

यदा मनः विचलितं भवति तदा कञ्चन कालं यावत् तूष्णीभूय कामपि प्रतिक्रियां विना स्थातव्यम्। येन वयं शान्तेन मनसा एव जीवने समीचीनं निर्णयं कर्तुं शक्नुयाम्।



### वेदव्यासोऽपि भगवतान्वेषणाय

M C YASHASWINI  
X 'C'

द्वापरयुगे भगवान् श्रीकृष्णः अवतीर्णो भूत्वा व्रजन्ति मनुष्यलोकम्। तस्य सहाय्याय सर्वलोकानां धर्मसंरक्षणाय च अनेन च नैवोत्तमो लोककल्याणो भविष्यति इति वेदान्ताः द्वापरे युगे अग्रणीः प्रतिपादयन्ति।

तथा किल स द्विजः वेदव्यास इति विख्यातः भगवान् वेदव्यासः नामा। वेदवेदान्तयोरपौरुषेयत्वं प्रतिपादयन् लोकानुकम्पां कृतवान्। तमेवं संसारसागरतरणे यत्नोत्तमं धर्मव्याधितकल्पं समाप्तवान्। कथां तु यां भगवतः लीलां यदृच्छ्या शृणुयात् अथवा पठेत्, तदा विशुद्धायाः चिन्ताय सततं कृष्णस्मरणपरिपूरितायाः परमानन्दपरिपूरितायाः च सत्यधर्मसंधानाय अद्भुतमार्गं प्रदर्शयन्ति ते। या या लीला तद्यत्र यत्र च प्रतितिष्ठति, तासां सारांशं ग्रन्थे भगवते अन्तर्भागे अद्य अपि लभते।

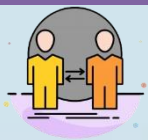
कथा, भगवतां लिखितुमिच्छन्, वेदव्यासः सुखसंपत्तिं आपन्नः एकदा अपने आत्मनि संतुष्टः आसीत्। तदा दिव्यदृष्टिः उपजगाम। आत्मनो अनुभवेन अतीन्द्रिया दृष्टिः आसीत्। तस्य दृष्टयः सर्वे लोकाः दिव्या आकाशात् विद्यमाना दिव्यानि घटादयः च सर्वे दिव्यानुभवेन आत्मनं परमशान्तं परमानन्दं च अनुभवन्ति। ततः दिव्यदृष्टिः वेदव्यासमालोक्य, "भगवन्, किमर्थं त्वं आत्मनं संतुष्टं कुरुषे? जनाः अज्ञानेन अभिपन्थिताः सन्ति। त्वया आदितः श्रुतिस्मृतिपुराणविषये ज्ञानप्रदानं कृतम्। तदा च भगवन्, त्वद्भक्तिप्रसङ्गात् ते पुराणे श्रुतस्य चाधिकरणे च विष्णोः भक्तिः अधिका प्रतिपद्यते। भगवत्प्राप्तिर्हि मोक्षलक्ष्यसाधनम्।" इति अवतरणं कृतम्। एवं प्रेरितो वेदव्यासः भगवत्पुराणं लिखितुं प्रारब्धः। तस्य परिपूरितः ग्रन्थः भगवतं विशुद्धं अनुपमं च संस्कृतवाक्येन रचितं ग्रन्थत्वं भवितुम् उपकल्पितः भगवान् वेदव्यासः। सर्वेभ्यः सर्वसम्पत्तये च भगवत्कथाया विचारः परमप्रथमं यत्र प्रदर्शितः, तस्मिन्नेव ग्रन्थे वर्णितं भगवत्प्राप्तिः, मोक्षलक्ष्यसाधनं च प्रतिपद्यते। इत्थं भगवत्कथा वेदव्यासेन लिखिता, लोकानुकम्पायाः प्रदर्शनाय अद्भुतं मार्गं प्रदर्शनाय च समर्पिता। एवं तस्य करुणापूरितायाः चिन्ताय विशुद्धये, मोक्षस्वरूपं प्राप्तुमिच्छन् जनः भगवतं प्राप्नोति।



SHRADDHA N.S  
X 'B'



## THE CLONING PROCESS - AN ACCEPTABLE RISK?



What do we get in our mind, when we think about cloning? A twin? A copy of something? An exact replica? Etc.. But Cloning actually, is a technique that scientists use, to make exact genetic copies of living things. Genes, cell, tissues and even whole animals, can be cloned. But now, scientists are working on human cloning, and it is going to be proved that it's actually possible! That sounds insane right?

Speaking about the process of cloning's existence, it was seen 3 billion years ago in bacteria, where a single bacteria started cloning itself, such a long time ago. All before this too, to be precise, about 14000+BC years ago, the sages too, have used the method of cloning in animals, and human beings too! This has also been mentioned in our vedas and puranas. There are many incidents that have taken place, which prove that cloning is possible. One of them, is the story of Rakta Bhija. He was a demon, who had a strange power. No one could kill him, because when his blood shed, that instant, another demon would emerge from each drop of his blood, which is cloning. If we place all these stories of ancient literatures based on cloning, we will understand and get to know that these are not fancy or science fiction stories, but stories that really occurred. Though this is a story of ancient culture, it has also been proved by the scientist Ian Wilmut and a group of others, in Edinburgh, Scotland. They had cloned an adult sheep using the process of nucleus transfer, which resulted in the birth of a baby sheep, named Dolly.

Cloning is not only useful in making a whole new person, but also in cloning of an organ, for any transplantation process, etc. It also removes the barrier of infertility, as it uses adult somatic cells to clone a baby. Though cloning sounds interesting and has many advantages, it has some disadvantages too. In organisms which get cloned, some adverse health effects like increase in birth size, and a variety of defects in vital organs, such as the liver, brain and heart are seen. Other consequences include premature aging and problems with the immune system. And, people nowadays, might misuse this process, for instance, treating the cloned humans like cattle, for their own use, etc.

Therefore, I would like to conclude by conveying that a process like this would bring in a big change to this world, but in a good or bad way, depends upon how we think and use it.



V.S. MARAN RANGARAJAN  
IX 'B'



## WHY IS THE OCEAN SALTY?



Have you ever taken a dip in the ocean? If you have, have you ever accidentally gotten a mouth full of water? It's so salty. But it's never a good idea to drink water directly from an ocean or lake. There could be germs in it. Have you ever wondered why the oceans are salty, but lakes and rivers aren't? Did a bunch of salt somehow get dumped into the ocean? How did the salt enter the ocean?

You might know that the water in rivers and lakes are called fresh water. But water from rivers and lakes don't taste salty the way the ocean does. But there is one exception. Rainwater. When it rains, that water falling from the sky has no salt in it at all. Even rain that falls in the ocean has no salt at all. So the rainwater is 100% pure fresh water. But here's the thing, scientists discovered that once rain water hits the ground, and when it starts to form puddles, or when it trickles down into streams and rivers, that's when it starts to become a little bit salty. When rainwater falls on the ground, it absorbs some of that salt. As that rainwater goes to lakes and rivers, it carries the salt with it. This is why water in lakes and rivers are salty. But if you look at a map and trace your finger along the rivers that on the map, you can see that most of the rivers connect to the ocean. And since rivers and lakes are located on the continents or land, which is higher than the ocean, the water in rivers and lakes usually flow down into the ocean.

Even though river and lake water only carries a tiny amount of salt, if that water has been flowing for years and years into the ocean, all that salt that it does carry, just keeps getting added to the ocean over and over, where it probably never leaves. Scientists think that this could be one big reason why the ocean is so much more salty than the other water bodies on Earth. They estimate that about one million species of animals live in salty ocean waters. Some of the smallest animals like phytoplanktons as well as the largest animal called blue whale, live in salty ocean waters. Therefore protecting the oceans is very important for the earth.



Oceans are in trouble due to a process called "Ocean acidification". Ocean acidification is an ongoing decrease of the salt value in the Earth's oceans, caused by the uptake of carbon dioxide ( $\text{CO}_2$ ) from the atmosphere. The cause of this is mainly human activity for instance, burning of fossil fuels. Amongst several bad things that happen due to acidification, one of them is bleaching of coral reefs and animals who rely on the coral are impacted. So it is very important to protect our oceans.





# Artificial Intelligence

The modern definition of artificial intelligence is the study and design of intelligent agents, where an intelligent agent is a system that perceives its environments and takes actions that maximize its chances of success.



John McCarthy, who coined the term in 1956, defines it as 'the science and engineering of making intelligent machines' Other names for the field have been proposed, such as computational intelligence, synthetic intelligence, or computational rationally. Artificial intelligence is also used to describe a property of machines or programs: the intelligence that the system demonstrates. AI research uses tools and insight from many fields, including computer Science, psychology philosophy, neuroscience, cognitive science, linguistics, operations research, economics, control theory, probability, optimization, and logic. AI research also overlaps with tasks such as robotics, control system—scheduling, data mining, logistics, speech recognition, facial recognition, and many others. Learning is based on empirical data and is associated with non-symbol, scruffy AI, and soft computing. Subjects in computational intelligence and defined by IEEE computational intelligence society mainly include Neural networks: trainable systems with very strong pattern recognition capabilities.

Fuzzy systems techniques for reasoning their uncertainty have been widely unused in modern industrial and consumer product control systems, capable of working with concepts such as hot', cold', 'warm', and 'boiling. It is thought that the human brain uses multiple techniques to both formulate and cross-check results. Thus, systems integration is seen as promising and perhaps necessary for true AI, especially the integration of symbolic and connected mist models

MEETH BHANSALI  
X 'B'



## AI IS A TOOL, NOT A THREAT

AI is not just robots shown in movies. It is much more than just that. It is expert-level coding provided by computer systems through processing models to train them to behave in a certain way. The central goals of AI research include reasoning, knowledge, planning, learning, natural language processing (communication), machine learning, perception, and the ability to move and manipulate objects. General intelligence is still among the field's long-term goals. There are many tools used in AI, including versions of search and mathematical optimization, logic, methods based on probability and economics, and many others. The AI field is interdisciplinary, including computer science, mathematics, psychology, linguistics, philosophy, and neuroscience, as well as other specialized fields such as artificial psychology. The ultimate effort is to make computer programs that can solve problems and achieve goals in the real world. Artificial Intelligence is a touchy subject for the humans The very mention of the term conjures up images of apocalyptic societies where intelligent super-computers have either enslaved humans or eradicated the inferior human species altogether.

MAAHI MEHTA  
IX 'B'





# UNBELIEVABLE FACTS !



Earth has many interesting and unbelievable things, which makes us think out of the box.

- Snakes can predict earthquake. Snakes can sense an upcoming earthquake from a staggering 75 miles away, up to five whole days before it happens.
- Astronauts grow taller in space! When astronauts venture into space, the lack of gravity allows their spines to stretch out, making them taller.
- Sea Lions are the only animals who can clap to a beat
- Earth's oxygen is produced by the ocean- seaweed, and other photosynthesizes produce more than half of the world's oxygen.
- More than half of your body is bacteria. Human cells make up only 43% of the body's total cell count. The rest are bacteria, viruses, and fungi – the greatest amount of these microbes are in our bowels.



TANISHKA M  
IV 'C'

## "Trailblazing to Tranquility: Chandrayaan 3's Next Lunar Adventure Begins



Our best wishes go out to Chandrayaan 3 on this historic day.  
May our moon landing be a magical success! #ISRO

"Education is not the filling of a pail,  
but the lighting of a fire."

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